

CDC Concussion Certification

In 2011 the State of Minnesota passed a law requiring all youth sport coaches and administrators to complete Concussion Certification in an effort to improve the overall safety and well being of our athletes. Concussions have become a major health risk to young athletes especially those that go undiagnosed and frequently are followed by additional incidents which compound the effect.

The Burnsville Fire Soccer Club along with BAC take this issue very seriously and are at the forefront in implementing policy to ensure compliance throughout our ranks with this new law to provide for the best possible level of safety for our athletes.

While your part in mitigating the risks of concussion is very important you should know that you are not being asked to assume the role of physician. You are only being asked to be able to recognize the signs and symptoms of a possible concussion, and direct the athlete/parent to seek medical attention with their regular physician. Under the law you are held harmless.

All coaches, assistance coaches and team managers are required to complete the free CDC online training course "Concussion Training for Coaches" every 3 years. The course takes about 30 minutes to complete, the certificate of completion at the end of the course is proof the course has been taken. Please print a copy of the completion certificate and sent to clubadmin@burnsvillefire.org as we are required to keep a copy on file.

<http://www.cdc.gov/concussion/HeadsUp/youth.html>

We appreciate your cooperation and thank you for your service to BFSC and the children of our community.

Mark Riggs
BFSC Vice President/Risk Manager